


*“Shielding  
Your Child  
From Conflict”*

*About the Leader*

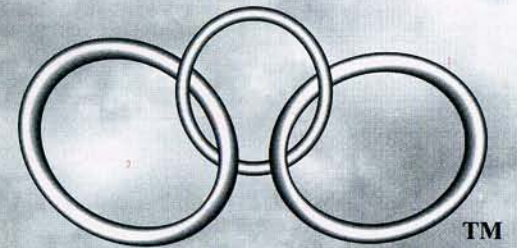
Nancy A. Van Aman is a Licensed Clinical Social Worker and a Certified Family Mediator. She has been in Private Practice in the Brandon area for over 13 years. She specializes in Individual, and Marital therapy, as well as, Mediation and Co-Parenting issues. She can be reached at:

**Family Resource Center  
1427 Oakfield Drive  
Brandon, Florida 33511  
(813) 684-5048**

**Family Resource Center  
Location**

N ▲	LAKWOOD DR.	PAULS DR.
	HWY. 60  <b>1427 Oakfield Dr. Brandon, Florida</b> 	
	OAKFIELD DR.	

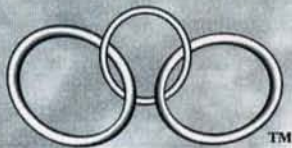
**Cooperative  
Parenting™  
&  
Divorce**



## **Dear Parents,**

During this process of divorce, you may be struggling to redefine your relationship with your former spouse. It may be difficult to help your child to cope with the separation of the family. Your struggle may be magnified by anger, pain and frustration. These feelings can interfere with your ability to effectively cooperate with your former spouse. Recognizing that parental conflict is detrimental to your child's healthy adjustment, will help you make a commitment to remain child-focused, manage your anger, take control of conflict and negotiate child-friendly agreements.

Whether you are reading this voluntarily or have been ordered to participate in The Cooperative Parenting & Divorce Program, this is your first step in facing the challenges of developing a Positive Co-Parent Relationship for your children.



**The Cooperative Parenting & Divorce Program** offers valuable information about the process of divorce and practical skills necessary to create a two household family.

The program is designed for you and your former spouse to participate together. I realize you may be thinking, "we can't even sit in the same room together." The group interactive process helps facilitate this change. It is an 8 week, two hours per week course. The cost is \$40.00 per week, per person with a \$25.00 book fee.

### **The Objectives of the Cooperative Parenting & Divorce Program are:**

- To identify your child's issues associated with the divorce.
- To focus on you and your personal struggle to overcome the loss of your marriage.
- Helps deal with conflict resolution.
- Facilitates a partnership in parenting with your former spouse.
- It helps create a strong co-parent relationship.

Obviously, you are committed to the best interest of your children. By fully participating in the Cooperative Parenting & Divorce Program you offer yourself a sense of peace and love for your family. The gift of providing your children a strong co-parent relationship and the permission to love both parents, is one of the greatest gifts you will give your children.

In closing, I look forward to the opportunity to assist you in meeting these challenges. It is my wish that you develop courage, patience and a sense of strength as you empower yourself for a

### **Cooperative Parenting Relationship.**

**Nancy A. Van Aman, LCSW**  
*Group Facilitator*

**Call**  
**(813) 684-5048**  
**Register for the next available session.**